



Lilium

Tradition since 1923

Issue 3 July 2019

STRIVING FOR *Excellence*



Tack Ching Girls' Secondary School

English Department



Reaching for the Stars

Let's celebrate another fruitful year of our students' hard work and achievements. Seeing all the beautiful snapshots of our girls' wonderful learning opportunities, I have a vivid image in my mind – our girls stretching out to reach for the stars in the unlimited sky, while the whole world is at their feet. That's the source of inspiration for this magazine cover.



The experiences we provide for our girls are the arena to learn (how to learn), to live (a positive life against adversity) and to love (their community). Flipping through Liliun #3, you will read the amusing anecdotes of our girls learning and growing from failures with courage, gradually taking steps to attain their goals with determination, spreading their wings and soaring high with pride. It's not easy to overcome the fear of defeat, especially to the young people living in family shelters. But once they build up the confidence to not let fear hold them back, they will surely achieve much more, like what the Tack Ching girls have done.



The content of Liliun #3 is simply irresistible. We very much hope you will enjoy the fun discovery of how fulfilling learning experiences can motivate and inspire. We invite you to read about the feature article of Dr. Yeung Sum, who gives our girls an insight into the way we learn English and love our home city. Of course, there are many more interesting stories for you to explore in this issue.

Hui Yin Shan
Principal



Semi-finalists: Lai Ka Ying Karen, Lei Jiawen Carmen, Lin Hoi Yan Vivian, Yeung Tsoi Yi Helen, Bibi Maryam (4A)

The 11th English Radio Drama Competition for Schools

554 students participated in the inter-school radio drama competition in January 2019. Participants had to draft a script about the given topics (Grit and S.O.S.) in Round One and prepare an audio recording in Round Two. Among 465 teams from about 190 schools, there were 18 semi-finalists and our school was awarded one of them. It was a valuable learning experience for the students. Let's see what our girls are sharing with us.

Learning English through Drama

After participating in this radio drama, I am glad that I have a chance to speak English creatively. From selecting the topic to designing dialogues and practising the script out loudly, my English proficiency has improved a lot. This is really an eye-opener.

4A Lai Ka Ying Karen

Persistence and Calm Lead Us to Success

Through this drama show, I understand that persistence is very important. We should never give up on our hopes and we must try everything we could to solve problems. After joining this contest, I have learnt to face any difficult situations with the right attitude!

4A Lei Jiawen Carmen

The Magic of Sound Imitation

After joining the radio drama competition, I started to pay attention to different sounds that we hear in our daily life. Sometimes we don't know how to imitate ambient sounds around us, such as footsteps or the sound of echoes. When we were doing the research, I learnt to make sounds that we often heard in our daily life. We could even create the sound of footsteps with our school bag and cave echoes with a piece of paper! This is really intriguing!

4A Lin Hoi Yan Vivian



Students practising their drama script with different sound effects.

Building My Confidence through Drama

During the practice, we were trained to use our own voices to act as people waiting for rescue. We needed to convince the audience that we were desperate for help. Besides, we had to produce different sound effects for different settings and characters' movements. It was a challenging yet fun project, and I have learnt that practice makes perfect.

4A Yeung Tsoi Yi Helen



Team work is the key to success!



Students enjoying creating background noise!

Drama Competition: Speak Out, Act Up! Improvised Drama Competition 2018-2019

On 6th March, 5 Tack Ching students took part in the NET scheme 'Speak Out - Act Up!' improvised drama competition. What made this drama competition different was its focus on improvisation - participants were only given one week to plan for two scenes and make them up as they went along. The two topics Tack Ching students selected were 'Elevator' and 'Supermarket' and they had to create a four-minute drama skit for each topic.

The day of the competition was fast approaching. Tack Ching team drew the theme 'elevator' and the plot was about the different people you might find (and get stuck with) in an elevator. It was a comedic piece which brought the audience to laughter. The results soon came along and Tack Ching girls brought home impressive four awards.

Prizes won:	Awardee:
1. First Place	Tack Ching English Drama Team
2. Audience Prize	Tack Ching English Drama Team
3. Speak Out-Act Up! Superstar Award (Best Overall Performance)	3E Eimaan Altaf
4. Act Up! Star Award (Best Acting)	3C Mohammad Faria Arshad

Participating students:

2E Fung Tze Hing	2E Ng Pui Yu
3C Mohammad Faria Arshad	3E Bibi Sunbal
3E Eimaan Altaf	

It was a great day and an excellent opportunity for Tack Ching's budding actresses. Here's what the performers would like to share about participating in the competition:



Faria proudly displays her 'Best Actress Award'

'Winning the Best Actress Award for the second year in a row was an unexpected surprise. This year, we were more successful than last year and I am very proud of my team members for the time and effort they put into practice after school every day. In the end, all the hard work really paid off as we won the championship! We really enjoyed watching the other schools' performances too.'

3C Mohammad Faria Arshad



A real team effort!

'Acting is a completely different experience for me, I had never thought of joining the drama team. I really liked the acting roles which were so different from our normal life. We needed to listen to each other carefully to know whose turn it was and we needed to get ready and take prompt actions. Overall, it was a rewarding drama experience for us. I want to thank my teachers and friends for their endless support and encouragement.'

3E Bibi Sunbal

'I still can't believe that we won the competition with so many awards! We enrolled for the competition last year so we had some experience which made us feel a lot more confident this year. I hope that we can join the competition again next year.'

2E Fung Tze Hing



One of the best comedy scenes engaging the audience.



A 'superstar' was born!

'It was an amazing feeling to win the competition. We were all very satisfied with it because we worked extremely hard for one whole week along with our teachers. Although there were times when some of us weren't free, we still managed to keep up with our teamwork and went through it together as one. I was also very surprised to win the overall superstar too! I'm looking forward to joining the competition again next year!'

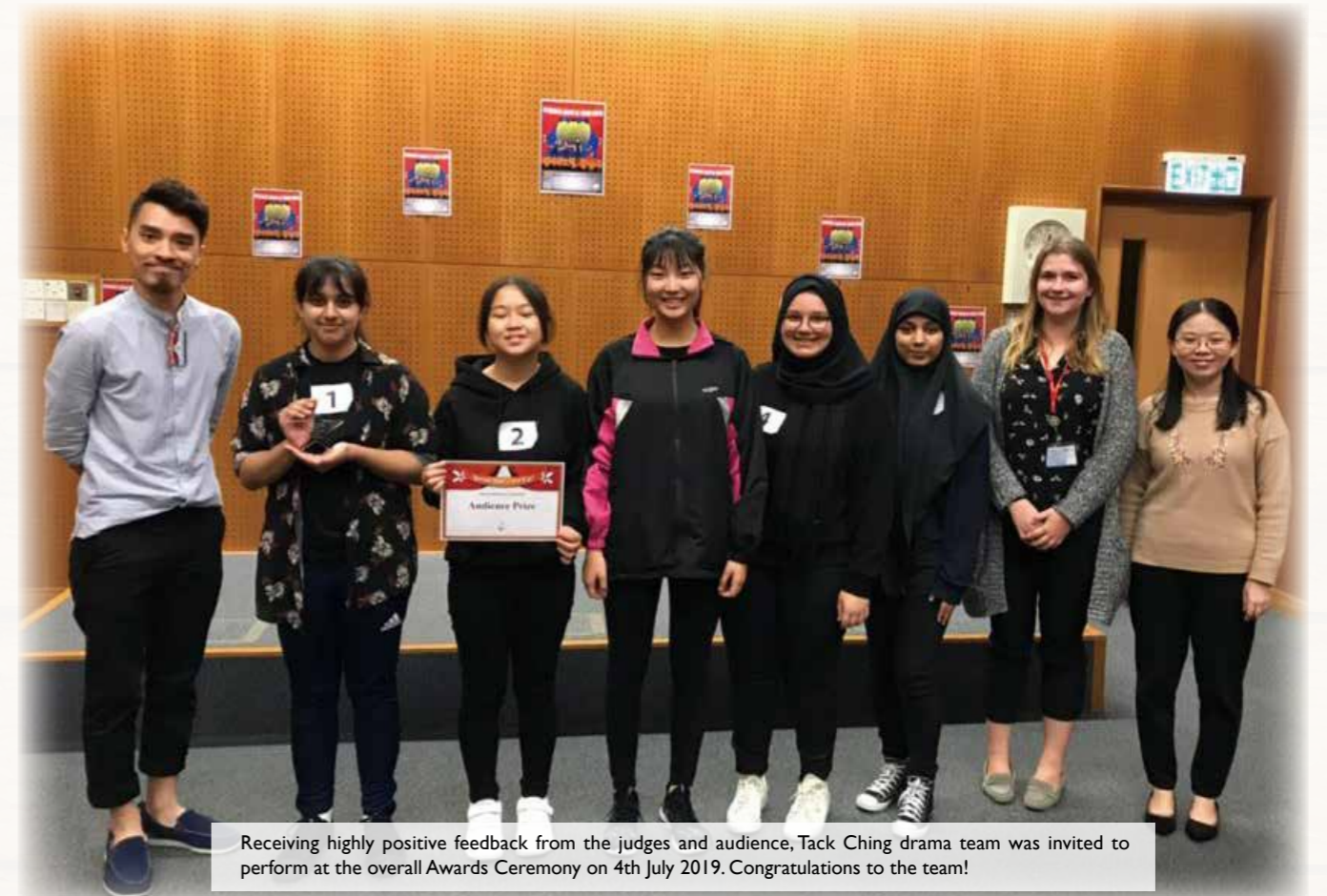
3E Eimaan Altaf



Students enjoying their showtime with their coach, Miss Kwok.

'Though it was the second time for us to join the drama competition, I was so worried about the limited time because we only had one week to prepare for two topics. Luckily, most of us took part in the competition last year. For me, team spirit is the key to success. On stage, we all focused on performing on time. Some of our practices weren't perfect, but we still managed to take the champion! That's why I think it's the most unforgettable competition ever!'

2E Ng Pui Yu



Receiving highly positive feedback from the judges and audience, Tack Ching drama team was invited to perform at the overall Awards Ceremony on 4th July 2019. Congratulations to the team!



English Debate Team – A Big Leap Forward

The school's English Debate Team was established in 2016. Over the years, a great deal of valuable qualities have been nurtured in the debaters – perseverance, courage, leadership, critical mind, creativity, etc.

With more hands-on experience and determination to stand out and fly high, the team has made many groundbreaking achievements, especially the overall Champion in Division 2 Senior Form Grand Finals of Hong Kong Schools Debating Competition. This is just the prelude to their fascinating journey.



Tournament list of Hong Kong Secondary Schools Debating Competition (2017-2018)

Term 1 Round 1	Term 1 Round 2	Term 2 Round 1	Term 2 Round 2
Debating against Lion's College	Debating against HHCKLA Buddhist Leung Chik Wai College	Debating against HK True Light College	Debating against Caritas Tuen Mun Marden Secondary School
Result: Won	Result: Won	Result: Won	Result: Won

Senior Form Grand Finals (Division 2)	Debaters of the winning team
Debating against PLK Ho Yuk Ching (1984) College	4A So Tsz Yau
Result: Overall Champion	5A Khan Ruqiyah Manahil
Best Speaker	5A Lee Ka Ki

Tournament list of Hong Kong Secondary Schools Debating Competition (2018-2019)

Term 1 Round 1	Term 2 Round 1	Term 2 Round 2	Term 2 Final
Debating against PLK Ho Yuk Ching (1984) College	Debating against STFA Cheng Yu Tung Secondary School	Debating against Concordia Lutheran School	Debating against PLK Wu Chung College
Result: Won	Result: Won	Result: Won	Result: Pending (in July)

Debaters of the winning team	5A So Tsz Yau (Captain)
	5B Yip Hoi Ching
	4A Yeung Tsoi Yi
	3E Lai Hoi Ying
	3E Tang Tsz Yan
Best Speakers	5A So Tsz Yau
	4A Yeung Tsoi Yi



Senior Form Grand Final (Division 2) Debating against PLK Ho Yuk Ching (1984) College



HKSSDC (2018-2019) Term 2 Round 1 Debating against STFA Cheng Yu Tung Secondary School



HKSSDC (2018-2019) Term 2 Round 2 Debating against Concordia Lutheran School

Bittersweet Memories

5A So Tsz Yau (Captain of Debate Team 2018-2019)

This year, I took on a leadership role and challenged myself by being the third speaker, and it really put me to the test.

At the beginning of handling my new roles, I struggled to balance my school work and debate efficiently. Having to undergo many changes in two major things in my life was certainly difficult and I had encountered many bumps along the way. But I somehow managed to get the best of both worlds.

The best part of being the team captain is watching my fellow teammates grow, slowly but surely. I enjoyed seeing how they matured and advanced as time passed and I'm really proud of how much they have achieved.

The outcome of debating is certainly not something that can be achieved overnight. I'd like to express my endless gratitude to our debate coaches who spent nights upon nights pouring over our scripts and coaching us behind the scenes. I'm very thankful that they have seen potential in me when I did not see so myself. I will cherish all the bittersweet memories, the time with my fellow teammates and all that my teachers have instilled in me.



My Painstaking Journey to the Grand Fina

6A Khan Ruqiyah Manahil (Captain of Debate Team 2017-2018)

I like debating because it requires more than just presentation, it's also about devotion, contribution and dedication. We need to do research about the motions, come up with counter arguments and collaborate with our teammates.

With our team's unity and utter dedication, we were crowned as the Grand Final Champion. Nobody ever told me I was capable of achieving something this big and it made me realize that our potential lays within us and not until we try to utilize it, we would never know how much we are able to achieve.



A warrior was born

6A Lee Ka Ki (Best Speaker of Debate Grand Final 2018)

Whenever I look at the trophy we won last year, a strong sense of pride and glory wells up on me and conjures up my precious memories of being a part of the school's debate team.

The grand final debating competition of last year has been a turning point of my life. Other than being awarded the overall champion, what stunned me most was the moment when the adjudicators announced I was awarded the best speaker. In the past, I would say I did not fully trust myself in everything. But after joining the team, I could feel confidence stirring in my mind, as if no matter what was going on next, I would never be frightened. Fellow students, are you ready to become the next warrior?



A Day With a Celebrity – Interviewing Dr. YEUNG SUM, Deep-seated Roots in Hong Kong

by SA So Tsz Yau, 5B Yip Hoi Ching, 3E Tang Tsz Yan

Dr. Yeung Sum, SBS, JP is a Hong Kong politician and academic. He served as a Legislative Councillor and was the second chairman of the Democratic Party (DP), a pro-democracy political party in Hong Kong. He is a lecturer at

the University of Hong Kong. Dr. Yeung has strong passions for social welfare and education in Hong Kong. The Tack Ching girls talked to him about his expectation to the younger generation in Hong Kong and ways to improve our English.



Dr. Yeung Sum, SBS, JP
(Photo by DAVID WONG/South China Morning Post via Getty Images in 2003)

Dr. Yeung's Background

“If you get elected, you have the sense of representation”

Dr. Yeung did not come from a wealthy family. He graduated from the University of Hong Kong in 1974. Before he furthered his studies abroad, he worked as a social worker in Kwun Tong for 3 years. After that, his former professor, Peter Hodge, encouraged him to return to the university and teach in the social work discipline. Hodge believed that social working is a helping profession that is rather affected by the cultural values of society. Hodge wanted a Chinese local to groom future social workers instead of someone foreign, given that Hong Kong was more or less a Chinese society. Not being one of the most elite students, Dr. Yeung was very moved by his teacher's encouragement. He then got a scholarship from York University for a master's degree in Social Policy and he decided to start his teaching career after he relocated to Hong Kong.

Dr. Yeung mentioned how political subjects became touchy for the whole city during the Tiananmen Square Protests in 1989. Dr. Yeung did not want the same thing to occur in Hong Kong. He said, “If you get elected, you have the sense of representation, which is not an easy thing in Hong Kong. So I got myself elected and formed a political party called Hong Kong United Democrats.” Dr. Yeung's political party fought for the political good of Hong Kong, instead of simply teaching, talking or writing about it.

Dr. Yeung started teaching in 1979 and retired officially in 2008. After retirement, his passion for teaching and love for mixing with young people has allowed him to continue to teach in universities now as a part-time honorary professor. He is not serving the community in public capacity because he lets the younger members take his place. He simply stays within the party and contributes by helping the young members get elected as legislative council members. He takes pride in bringing others to success.



Students enjoying an in-death discussion with Dr. Yeung.

Learning English in Hong Kong

“Learning English is very crucial ... whether it is listening to the English radio, music, news or watching movies, practice makes perfect.”

Dr. Yeung's views on learning English in Hong Kong is that it is very significant owing to the fact that English is an international language. He believes that learning English should not be limited to the structure of our school nor what we have been given at first hand.

Since studying in the University of Hong Kong, Dr. Yeung was exposed to more Western values, which made him hold firm to his belief that learning English is utterly important. According to Dr. Yeung, Hong Kong is a very open Chinese city where an international language like English is crucial in our daily lives. To him, learning in Chinese is convenient given that it is our mother tongue, but seeing that English is an international language, it is essential for us to be proficient in the language. That's why young students should cultivate interest in learning English, which is not just for getting a good result or a degree, but to learn about English culture behind the language, such as pursuit of individual rights, independent legal systems and freedom of press.

Dr. Yeung highlighted the main differences between students of today and those in the past. The current young generation is generally more practical. They seldom venture new things and rather stay remote and indifferent. Due to the exposure to news, media and education for all, students nowadays are more informed than those in the 1970s. In terms of students' English proficiency, in his opinion, we can't compare students in the past to students nowadays. Dr. Yeung mentioned that in his time, only 2% of students got into the local universities, so it was very elitist. As for now, many students are going to government-funded universities and tertiary institutes that grant university degrees. Even if students nowadays are not at the top, they have competence in different areas and the overall standard of students' proficiency is still good.

For advice on how to improve our English, Dr. Yeung suggested that whether it is listening to the English radio, music, news or watching movies, practice makes perfect. And eventually, improvement will come along once that happens. Dr. Yeung added that reading and listening is crucial when it comes

to improving English. He says that he still listens to the English radio every day just to get used to the most up-to-date English. It is essential to maintain a level of interest and be motivated. Even if we do not get top grades, we should not simply focus on our academic studies, since life is a long process and we should not let our studies define us. He believes it is important to have a positive self-image, confidence and a sense of leadership in order to sustain life-long learning.

Social Responsibility of Local Students

“Do not forget about Hong Kong”

On the whole, Dr. Yeung believes that students these days are more politically informed. He agrees that the voting rates of young people have actually increased in recent years while it was mostly middle-aged and elderly people in the past.

Dr. Yeung does not agree with the traditional standpoint of how liberty and freedom are viewed negatively, and that the 'public good' should come first in all circumstances. Students should not simply accept or agree to something that is told by our parents, teachers or the media. Instead, they should look for the answers by themselves.

When asked about how he thinks the younger generation can contribute to create a better future of Hong Kong, Dr. Yeung encourages students to spend some time outside classrooms and join some extra-curricular activities so that they can learn how to work and cooperate with others and eventually learn to share responsibility. He thinks that even though exams and grades should be a priority, we should develop a sense of leadership and sustain our curiosity.

On a separate note, Dr. Yeung also wants us not to forget about Hong Kong. He encourages us to study and read, understand the core values and integrate our experiences of Hong Kong and try to appreciate the legacy of this city. Dr. Yeung always emphasizes how important it is to be a critical thinker, and to become so, he advises us the following:

“According to the words of his former professor, Peter Hodge, we usually respect authority too much and therefore do not speak out how we feel. It is essential for us to go back to the core value and stand for the individual rights in society. By comparing our viewpoints with one another and not simply being in the shadow of others, we will be able to think independently and have more advanced experiences to achieve critical thinking.”



Encouraging Words from an Old Girl – Wan Hiu Lam Aimee (2018 graduate)

From Dr. Yeung Sum, we understand how important learning English is in Hong Kong, though it's never an easy task. Our alumna, Aimee Wan, is providing some useful insights into how she prepared herself for the public examination and her ups and downs of learning English.

DSE is horrible but surmountable

I guess most senior form students spend endless days and nights preparing for the once-in-a-lifetime HKDSE examination, hoping to achieve the best results and get promoted to their dream university. As a re-taker of the exam, I totally understand how tedious and tiring it is to prepare for it, but trust me, your effort will eventually be paid off.



I am an alumna who graduated in 2018 and now working as a part-time Teaching Assistant in Tack Ching. Availing myself of this precious opportunity to share with you my English learning journey, I would like to express my deepest gratitude to Tack Ching. No matter how tough my 2019 has been, Tack Ching is always my haven which provides me with ultimate backup.

My initial plan

I will never forget the moment when I first received my DSE report card. I used to be one of the top students at school and I was heartbroken to realize that I received no offer from any of the universities. After calming myself, I realized JUPAS was not the only path to the university and I decided to get an Associate Degree in a community college.

However, it didn't make me feel better. I kept asking myself: "Is that what I want? Spending two years in this school? Is it possible for me to get a G.P.A of 4.0 in the first semester and receive a direct offer from the university?" All those questions just popped up in my mind. After a month of frustration and

consideration, I withdrew from my studies and applied for the DSE once again. The decision could be unwise. According to the statistics from HKEAA, only a small percentage of students can get better results in the second attempt. Most of them get the same grade or even worse. Even though I understood all the potential risks, I still gave it a try. I wanted to prove my ability and I thought I deserved another chance.

How did I prepare for the second attempt and keep myself motivated?

After quitting the community college, I made a strict study plan for myself. I forced myself to lead a disciplined life. I woke up at 7:30 am every day before the exam and went straight to the self-study room, so that I could stay focused and make good use of my time. I also went to some tutorial classes so as to re-learn some of the unfamiliar topics and further enhance my exam skills. I found myself very fortunate because I got some study companions. They were my classmates who also decided to retake DSE. Whenever we felt frustrated, we shared our feelings. That's how I kept myself motivated.

How can you get better at English?

There is no short-cut to learning English and it's impossible to learn English only in classrooms. English is all about application. The more you are exposed to English, the more you feel comfortable with it. Eventually, you can understand the word collocation and recognize what is right and what is wrong without slight hesitation. For example, you should try to engage yourself in some school clubs related to English. In my case, I joined the school's English Debate Team. It's not just a club for entertainment or making friends, but also a marvelous way to learn English. The debating team offered me a chance to express my views in English, ranging from social issues to moral controversy. When preparing for the contests, it requires thorough analysis of our motion which can effectively stimulate our critical thinking. Apart from that, it provides me with a platform to brush up on my spoken English.

It's never too late to acquire good language proficiency. Try to make learning English a habit and actively participate in English activities in the next academic year.



2018 Harvard Book Prize and Scholarship Award

Established by the Harvard Club of Hong Kong, the Harvard Book Prize is awarded to outstanding students in the next-to-graduating class who have achieved academic excellence, possessed exceptional personal qualities, and have made a significant contributions to school or community. This year, 3 Form 6 students took pride in winning the prize and they took the opportunity to apply for the essay award.



Honoured to have received the Harvard book prize award, I think striking a balance between academic studies and extra-curricular activities is of paramount importance for being an all-rounder. As the former House Captain of Purple House, I led our schoolmates in a variety of school events like Sports Day and Information Day. Apart from the house activities, I have been involved in different extra-curricular activities, like HK Award for Young People program (AYP) and the UNICEF Young Envoys Program. The journey of AYP has developed my patience and perseverance. Being one of the young envoys of the UNICEF program, I had the golden opportunity to visit Mongolia to experience the life of the local students. It has allowed me to understand the significance of children's rights and make lots of like-minded friends. This is genuinely a once-in-a-lifetime experience.



(from left) Karen, Manahil and Esther attending the award presentation ceremony with the Principal.

As an ambitious student, I believe that if we can strike a balance between extra-curricular activities and academic studies, with good time management and assiduity, it is possible to get what you want. Last summer, I took part in the Global Youth Ministers program in HKU through which I have become more articulate and sharp-witted. With determination and ambition, you will get the Harvard book prize next year too! Wishing you the best of luck in the future!

6A Li Po Lam Esther

Karen and I collaborated with Esther and took up a challenge to make the most out of our senior years – to enroll in the Harvard Book Prize. A few essays had to be written individually including self-introduction, our view on achieving a competitive edge and a summary of a book which inspires us the most. I ended up being awarded the 1st runner-up and I'm so glad that my achievements are well-recognized. The award has given me courage to move forward to my goals.

The experience of engaging in different activities has actually changed me. I no longer feel like being nobody in school but I know I have achieved something that the school, teachers and myself could never imagine. This also proves that we, Tack Ching girls, are able to achieve something great. I hope you will grasp the opportunities ahead of you to earn great life experiences in the future, just like what I did. I'm sure you will be forever grateful for it. There is nothing better than learning at a young age.



6A Khan Ruqiyah Manahil

Having applied for the Harvard Book Prize, I needed to read a book called "The Happiness Advantage" and finish several essay tasks. In this book, the author spent over a decade on his own research, including one of the largest studies of happiness. He wants to fix the broken formula of 'success brings happiness' to 'happiness fuels success'. It's such an illuminating book from which I have benefited a lot. We also had the chance to listen to an interesting talk given by two inspirational speakers, Shveitta Sethi Sharma and Mohammed Sam Shoushi, in the prize presentation ceremony. The talk was awesome and my critical thinking skills have been strengthened. It was indeed a meaningful activity.

Life is short but chances are ubiquitous. Students, grab the chance, seize the days, pluck up your courage and make your life extraordinary!

6A Lee Ka Ki Karen

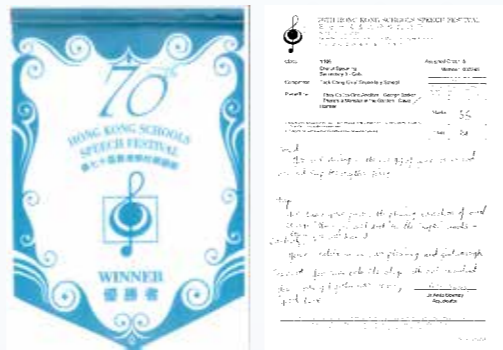


70th Hong Kong Schools Speech Festival Achievements

Girls in Tack Ching are well prepared for challenges and they are no strangers to public performances. This year, 190 students participated in the 70th Hong Kong Schools Speech Festival and they are proud to celebrate their impressive results. What is their secret recipe? Read on to explore their interpretation of challenges.

(a) S1 Choral Speaking (1st Place) – IE

39 S1 students participated in the 70th Hong Kong Schools Speech Festival - Choral Speaking Competition in December 2018. The team went onto the stage with real commitment. Working together as one, with our energetic voice, pleasing variation of sound change and a great sense of creativity, they were awarded the 1st place.



Leanne Wong & Stephanie Wong receiving the pennant and score sheet from Dr Anita Downey (Adjudicator).

It was such a memorable experience to participate in the 70th Hong Kong School Speech Festival. Below are some of the things I have learnt from it:

1. We had to keep calm and show confidence.
2. We had to recite the poem with great concentration.
3. We had to wear a smile on our face.
4. We had to speak clearly and carefully in unison.
5. We had to be dramatic sometimes.
6. We had to keep as quiet as possible when we stand up / sit down / proceed onto the stage.

Getting involved in the competition is very meaningful because it has greatly boosted my courage. I have more confidence speaking up in English now. At this point, although I am still not brave enough to go on a solo verse competition, I'm definitely willing to take part in choral speaking competitions again.

IE Manahil

IE Kwan So Yan Yanniss

Proud winners roaring with laughter.

The practice was exciting at the beginning but we gradually found it boring to rehearse all the time. When we were close to the competition, my throat started to feel sore and my voice was getting worse. Just before we went onto the stage, I... lost...my...voice!!! I was so nervous because I had a solo part. I plucked up my courage and tried my best to make myself be heard. In the end, we were awarded the Champion! We were exhilarated and Miss Chan was so proud of us. We felt grateful for this valuable learning experience.

(b) S3 Choral Speaking (1st Place) – Form 3 Group 7

30 S3 students participated in the 70th Hong Kong Schools Speech Festival - Choral Speaking Competition in November 2018. Everybody dressed up as cute animals. They performed energetically on stage. We were very honoured to be awarded the Champion.



30 energetic girls cheering for the Champion.

This will be our last time joining the choral speaking competition, so I treasured this experience by doing my very best. Working as a team, we had spent plenty of time practising speaking and acting skills. We also put on the animal headbands to perform. It was so much fun squeaking like a mouse, croaking like a frog and shouting like a little red hen!

3E Khan Khadijah

It was a challenging job as there were 30 of us and we sometimes made mistakes over and over again. We have rehearsed for so many times to perfect ourselves. After overcoming all the hardships and hurdles, we won the competition! I felt so proud of our team when I represented them to receive the award.

3E Mohammad Faria Arshad

I'd like to use one phrase to express for winning the Championship, 'hard work pays off'. We all worked extremely hard and put all our effort to bring the best performance to the adjudicators. We all had the same goal with firm determination to win. We put in a collaborative effort to make our teachers proud.

3E Eimaan Altaf



On behalf of the class, Faria receiving the pennant and score sheet from the adjudicator, Miss Frances Colyer.

I must say it was a rewarding experience for me. When the competition was around the corner, we started to panic and practise really hard. We were really nervous on the competition day! We crossed our fingers when the judge was about to announce the result. I learned that nothing is for free and we need to work hard for what we desire.

3E Areesha Marium

(c) S4 Solo Verse Speaking (2nd Place) – 4A Bibi Maryam

I have been participating in the Speech Festival over the past 10 years. Although I had won some prizes before, this year's competition meant a lot to me because I was so connected with the poem titled 'One' by James Berry. It says we are different from one another and each person's uniqueness should be appreciated. There is a line which says 'I am just this one' and it tells us each person is irreplaceable. It means that in this world I'm one of a kind. My teacher Miss Kwok guided me to express myself through the art of poetry. This poem mirrored my thoughts and feelings, that's why it really motivated me to do my best. The recognition of the first runner-up award has also boosted my self-esteem.





(d) S6 & University/Post-Secondary Public Speaking Solo (3rd Place) – 6A Li Po Lam Esther

I'm honoured to have this golden opportunity of joining this meaningful competition. I have to thank my dearest teacher Ms. Chung for her delicate teaching and guidance, for shaping up my communication skills and use of body language. Being able to speak fluently is never an easy task, not to mention doing it in front of a group of strangers. I must say, this is truly a demanding yet enjoyable task. I'm glad to have ventured beyond my comfort zones, which is something I treasure most in this experience.

Joining this public speaking competition is surely one of the most rewarding and valuable experiences for me.

(e) S4 Solo Verse Speaking (3rd Place) – 4B Chan Hoi Ching Ally

It was incredible for me to be awarded the second place of S4 Solo Verse Speaking class this year. I have joined the competition for three times. My past experience has helped me lay a stronger foundation on my solo verse speaking performance.

Before the competition this year, I spent extra time understanding the poem. I practised regularly and took my teacher's advice on how to express myself more clearly with proper use of intonation, appropriate pauses, a variation of volume and posture. Moreover, I sought advice from my friends who had already gone to the same competition. They shared some valuable tips on what the adjudicators expected participants to do and how to get higher scores. Therefore, I gained more confidence after talking to them and having frequent practices with my teacher.

My solo verse speaking experience has aroused my interest in drama, so the next thing I want to challenge myself is performing in a drama show. I am sure it will be fascinating.



(f) S2 Solo Verse Speaking (3rd Place) – 2E Malaika Muhammad



I am glad to have this opportunity to participate in the Speech Festival. I was indeed honoured to receive an award. I was a bit nervous to perform in front of so many strangers. Thanks to the teachers who had been supporting me throughout the preparation and competition, I overcame my fear and succeeded. As an old saying goes, "Practice makes perfect". Why don't you give it a try, too? You will never know what you are capable of until you give it a go.

Class	Eng. Name	Category	Marks
1C	LO CHUITING		
1C	BISMA NAAZ		
1C	SAJJAD BARIRAH		
1D	CHAO WING YAN		
1D	KOO WING YAN		
1D	LEE ARISA KAKA		
1E	BANGASH PALWASHA		
1E	CHA HUIYING		
1E	FU TSZ YAN		
1E	FUNG OI LAM GENEVIEVE		
1E	HAU HEI MAN		
1E	KWAN SO YAN		
1E	LAM CHI WING		
1E	LAM HOI KEI		
1E	LAU CHEUK WING		
1E	LAU SHUK KWAN		
1E	LEE SZE TING		
1E	LEUNG HIU TUNG		
1E	LEUNG LOK CHI		
1E	LI SZE TIK	S1 Choral Speaking	88 (1 st place)
1E	LO LOK YI		
1E	LUI WING KEI		
1E	MAK NGAI PING		
1E	MANAHIL		
1E	NJOO LOK YEE		
1E	POON CHO YIU		
1E	QADEER IMAAN		
1E	SHAZADI MESHAL		
1E	SIU KIT WING		
1E	SUEN HIU TUNG		
1E	TANG CHING YAN		
1E	TANG SAU MAN WINNA		
1E	TSANG LING TING		
1E	TSUI BING YU		
1E	WONG STEPHANIE SIN KWAN		
1E	WONG YUEN YAU		
1E	WONG YUET HEI		
1E	XU KA KI		
1E	XU SZE HANG		
3E	ALIZA YASMEEN		
3E	AREESHA MARIUM		
3E	BIBI SUNBAL		
3E	CHAN TSZ CHING		
3E	EIMAN ALTAF		
3C	MOHAMMAD FARIA ARSHAD		
3D	IP MAN HUEN		
3E	KHAN BIBI ALFISA		
3E	KHAN KHADIJAH		
3E	LEUNG TSZ YING		
3E	LI LOK YIU		
3E	LIN CATHERINE CHUEN		
3E	LUK MEI KEI		
3E	MENG BIYI		
3E	TANG KA YEE		
3E	TANG TSZ YAN		
3E	TSE YAN TUNG		
3E	WONG PUI KA		
3E	WONG WING KI		
3D	WONG WING YAN		
3D	YIP TSZ YAN		
3C	YUEN TSZ CHING		
3E	YUSRA-ARUJ		
3E	TUNG HOI TUNG		
3E	MA WAI KIU		
3E	LEE HOI CHING		
3E	LEUNG ON YIU		
3D	CHIN YAN YING		
3E	LAI HOI YING		
3E	CHEUNG LOK YIU		
1E	SHAZADI MESHAL	S1 Solo Verse Speaking	87 (3 rd place)
2E	MALAIKA MUHAMMAD	S2 Solo Verse Speaking	84 (3 rd place)
4A	BIBI MARYAM	S4 Solo Verse Speaking	86 (2 nd place)
4B	CHAN HOI CHING	S4 Solo Verse Speaking	86 (2 nd place)
6A	LI PO LAM ESTHER	S6 & University/Post-Secondary Public Speaking Solo	87 (3 rd place)
1C	NAAZ BISMA	S1 Solo Verse Speaking	86



Class	Eng. Name	Category	Marks
1E	QADEER IMAAN	S1 Solo Verse Speaking	86
2C	CHU TSZ CHING	S2 Solo Verse Speaking	85
2E	NG PUI YU	S2 Solo Verse Speaking	85
3E	LEUNG ON YIU	S3 Solo Verse Speaking	85
3E	HUO SHIYUN	S3 Solo Verse Speaking	85
5A	SANDHU HARSHPREET	S5 Dramatic Duologue	85
5C	ASHRAF IQQRA	S5 Dramatic Duologue	85
1C	SAJJAD BARIRAH	S1 Solo Verse Speaking	84
2C	NG HOI LAM	S2 Solo Verse Speaking	84
3C	MOHAMMAD FARIA ARSHAD	S3 Solo Verse Speaking	84
3E	BIBI SUNBAL	S3 Solo Verse Speaking	84
4A	YEUNG TSOI YI	S4 Solo Verse Speaking	84
4B	HO SOPHIA TIM YAN	S4 Solo Verse Speaking	84
4B	KWONG TING GI GI GI	S4 Dramatic Duologue	84
4B	LEUNG TSZ CHING	S4 Dramatic Duologue	84
4D	LAU LAP PING	S4 Solo Verse Speaking	84
4E	SHUM HOI YAN	S4 Solo Verse Speaking	84
5B	YIP HOI CHING	S5 Solo Verse Speaking	84
6A	TANG YU SZE	S6 & University/Post-Secondary Public Speaking Solo	84
1D	HO WAI LAAM	S1 Solo Verse Speaking	83
2E	HE JINBI	S2 Solo Verse Speaking	83
3C	CHONG WING MAN WINNIE	S3 Solo Verse Speaking	83
3E	AREESHA MARIUM	S3 Solo Verse Speaking	83
3E	ALIZA YASMEEN	S3 Dramatic Duologue	83
3E	KHAN KHADIJAH	S3 Dramatic Duologue	83
4A	YEUNG WAI LAM	S4 Solo Verse Speaking	83
4B	NG UEN YING	S4 Dramatic Duologue	83
4B	WU HO YEE	S4 Dramatic Duologue	83
5B	LEE HAU KWAN	S5 Solo Verse Speaking	83
6A	CHEUNG ELAINE	S6 & University/Post-Secondary Public Speaking Solo	83
1B	YUEN WAI TING	S1 Solo Verse Speaking	82
1E	BANGASH PALWASHA	S1 Solo Verse Speaking	82
1E	LAM CHI WING	S1 Solo Verse Speaking	82
2D	LEW HOI YING	S2 Dramatic Duologue	82
2D	LIU FEI YI JOCELYN	S2 Dramatic Duologue	82
2D	MAK CHEUK YAN	S2 Solo Verse Speaking	82
3C	LEUNG KA KI	S3 Solo Verse Speaking	82
3E	LAN JIA YI	S3 Solo Verse Speaking	82
3E	TANG TSZ YAN	S3 Solo Verse Speaking	82
3E	KEI SO WAN	S3 Solo Verse Speaking	82
3E	LAI HOI YING	S3 Solo Verse Speaking	82
4A	CHEA YAN YU	S4 Solo Verse Speaking	82
4B	HUANG WEIZI	S4 Dramatic Duologue	82
4B	LEETSZ WING	S4 Solo Verse Speaking	82
4B	HO PUI YING	S4 Dramatic Duologue	82
4C	TSANG WAI YAN	S4 Solo Verse Speaking	82
4C	YU LINLIN	S4 Solo Verse Speaking	82
4D	AIESHA SHAHID	S4 Solo Verse Speaking	82
4F	CHAN CHUEK YING TRACY	S4 Solo Verse Speaking	82
2C	LIANG SUET YI	S2 Solo Verse Speaking	81
3C	WONG LEE MAN	S3 Solo Verse Speaking	81
3D	DAI KA YI	S3 Solo Verse Speaking	81
4B	TO SAU MAN	S4 Solo Verse Speaking	81
4B	TO SAU MAN	S4 Dramatic Duologue	81
4B	CHAN HOI CHING	S4 Dramatic Duologue	81
5C	CHAN KA WAI	S5 Solo Verse Speaking	81
1B	AUROOJ-KHAN	S1 Solo Verse Speaking	80
1C	LI KATIE	S1 Solo Verse Speaking	80
2C	CHEUNG CHING MAN	S2 Dramatic Duologue	80
2C	LUK HEI YU	S2 Solo Verse Speaking	80
2E	CHOW LONG CHING	S2 Dramatic Duologue	80
2E	SUNDUS BIBI	S2 Solo Verse Speaking	80
3D	LI GUI QI	S3 Solo Verse Speaking	80
3E	EIMAN ALTAF	S3 Solo Verse Speaking	80
4B	HUANG WEIZI	S4 Solo Verse Speaking	80
4B	LEETSZ WING	S4 Dramatic Duologue	80
4B	HO SOPHIA TIM YAN	S4 Dramatic Duologue	80
4B	HO PUI YING	S4 Solo Verse Speaking	80
4B	NG UEN YING	S4 Solo Verse Speaking	80
4B	WU HO YEE	S4 Solo Verse Speaking	80
4C	CHUNG HOI TUNG	S4 Solo Verse Speaking	80
4C	LO NGA YIN	S4 Solo Verse Speaking	80
5F	TSE WING SZE	S5 Solo Verse Speaking	80

Good People Good Deeds English Writing Competition

The writing competition was organised to provide students with the opportunity to pay tribute to those who live up to the ideals of our community and put into practice universal moral values including dignity, kindness, respect, impartiality, the spirit of humanity. It also provides young writers with a platform to explore the world of writing, to stretch their imagination; and most importantly, to infuse positive energy into society, thus fostering social cohesion and promoting care, mutual help and solidarity in the local community. Winners were awarded to go on a cinema tour.

	Junior Level (S1-S3)	Senior Level (S4-S5)
Champion	3E Eimaan Altaf	5A Khan Virdah
1 st Runner-up	2E To Wing Kiu Kendra	5A So Tsz Yau Zoe
2 nd Runner-up	1E Bangash Palwasha	5A Liu Emily
Merit Prize	1B Aurooj Khan	4A Lin Hoi Yan Vivian
	1C Bisma Naaz	4B Sin Tsz Wai Daisy
	1C Sajjad Barirah	4C Man Tsz Ping
	1C Tsoi Ting Ting Tina	4D Aiesha Shahid
	1E Lam Chi Wing	5D Li Po Yi Bonnie
	2B Shaista Bibi	5D Yuen Sze Yi Kelly
	2E Muhammad Malaika	

Champion (Senior Level) – 5A Khan Virdah

Good People Good Deeds



Once there was a boy named Michael,
The only thing he cherished was his boyish bicycle.
Ride his bike up on the mountain would he; and behind the sea
He doesn't return until he's swarmed with bees and fleas.
He sloppily fell off the black bike and fractured his knee,
After a while, Mike was by chance spotted by Ms. Lee.
She generously helped him with his injuries,
And rode him back to his home, at the Urie's
His pains and sufferings
were gone in a blink of a blessing eye.

There was once a lady called Ms. Lee,
She adored cooking and watering her trees.

One evening when preparing dinner,
When the flowers in the gardens shimmer,
She charred her hand whilst cooking,
Mike witnessed the accident and dropped his pudding.
He quickly cleaned the hot curry,
And consoled "Ms. Lee, don't you worry!"
Her pains and sufferings
were gone in a blink of a blessing eye.

The svelte presence of their seraphic selves,
easily soothed the burning sensations of their suffering.
For good people with good deeds
free the world from pain like flowers bloom in spring.

Champion (Junior Level) – 3E Eimaan Altaf

Make Caring For Others a Priority



Everyone wants to do good deeds – whether it's for ourselves or our loved ones, the planet, or society at large – because we, as humans, are born with love and care in our hearts. We all have the ability to do good deeds. A good deed carries a double punch and they cannot only bring positive impact to others' lives but also make us feel good about ourselves and become a better person.

It was a bright cold day in April, the sun was shining and the birds were chirping. The streets of Manhattan were packed with shoppers and crowds of pedestrians. Amongst the crowd, an unemployed man with powder white hair and blood-flecked eyes was holding his unworn midnight blue blazer over his shoulder, walking past the madhouse until he stopped right in front of a dry clean store. He stood still without even moving an inch. It took him a good long five minutes contemplating whether he should go inside or not. Engrossed in his thoughts and being oblivious, he became conscious when a pedestrian bumped into him. He proceeded to the store.

'Hello there, I'm Darryl, the owner of Swan's Dry Cleaners.' He reached out for a handshake. 'How may I help you?' said Darryl with a polite smile. 'I-I'm jobless and I need an outfit clean for an interview tomorrow, is it possible if you could—' Darryl interrupted the unemployed man's weak and fragile voice. Darryl instantly took the blazer from him and passed it to one of his workers. 'Sir, at Swan's Dry Cleaners, we'll help you look your best when times are tough.' Then, the owner pointed on his left. The unemployed man's gaze shifted to the signboard hung on the wall which said,

'If you're unemployed and need an outfit clean for an interview, we will clean it for free.'

The man looked at Darryl with a captivating smile and a gleam in his eyes. 'We're doing the best we can to give a little back,' Darryl said. 'Hopefully, everybody can get back on their feet, get back to work.' The unemployed man reckoned it was really thoughtful of him to care for others. 'Thank you so much Mr Darryl, I definitely appreciate your act of kindness.' the unemployed man said with an angelic smile on his face. 'It's our duty to give a helping hand. The world is all up to us to spread some cheer. If we do good deeds, we can make a difference to their lives. If we are good people, why can't we do good deeds?' Darryl continued, 'We can all do somebody without thinking of a reward.' Darryl's words made the unemployed man very heart-warming. He was glad to meet such an amiable person. It made him feel good that there's somebody out there who wants to help people.

This short story gives out a message that one doesn't have to do good deeds for a return. It just tends to happen. The lessons out of good deeds remain to inspire everyone to do the same. One act of unselfishness stands out as a beacon for others to follow. There is no harm in giving a little humanity. Let's help change our world—we can't do it without your help.

Cinema Tour – Mary Poppins Returns

Winners of the Good People, Good Deeds: English Writing Competition, accompanied by their English teachers, went on a cinema tour in February 2019. 20 awardees watched *Mary Poppins Returns* in Broadway Cinema, Kwai Fong. Students enjoyed watching the film and learned the meaningful messages from it.

Let's see some of their favourite quotes and reflections below:



'I was amazed at how old the original movie was (1964) and the crew still made an awesome comeback with it. It makes no sense at all when we say 'it is impossible!' to the task we want to accomplish. *Mary Poppins* taught me to be courageous and believe in ourselves. "Everything is possible even the impossible". I would recommend this movie to everyone I know.'

3C Mohammad Faria Arshad

'There are always ways to solve the problems in our life. I've learnt that when facing these problems, we need to think more on the positive side as there are always ways to make things better.'

5A Emily Liu

'I've learnt to be patient and not to be worried too much on everything I do.'

1E Palwasha Bangash

'The main theme of this movie is believing in yourself and people around you. I've learnt from this movie that I shouldn't be ashamed of my family and I should take their advice. I've also learnt that I got to believe in myself or whatever I do and not to give up because of a little inconvenience.'

5A Virdah Khan

'Nothing is impossible! If you work hard, you will finally achieve your goal. I've learnt that we shouldn't give up when we encounter problems. Instead, we should try our best to solve them.'

1E Lam Tsz Wing

'This movie is very well-made with an esoteric magical sense. I really like the way they bring out the characters in the older times. I've learnt that whether you are "extremely stubborn" like Michael Banks or "rather giggly" like Jane Banks, it's important to know yourself better than anyone else. Not everyone is "practically perfect", but after all, we are always striving for it. *Mary Poppins* also mentions that every job that needs to be done can be fun if you find a way to enjoy it. Throughout the movie, she shows us how to find the humour in just about every situation. My favourite quote from the movie is "luxuries can wait, but generosity should not".'

3E Eimaan Altaf

'I really enjoyed watching the movie because it was so interesting and there were a lot of lovely songs. My favourite character is *Mary Poppins* because she sings really beautifully and I was amazed by her magical powers. I love the happy ending of the story when everyone got their houses back.'

1C Barirah Sajjad



Students feeling extremely excited to watch the film.



Here we go...it's time for the show!

Essay Writing Competition – I'm Unique, I'm Extraordinary

Having participated in an essay writing competition 'I'm Unique, I'm Extraordinary', two finalists from Tack Ching attended the award presentation ceremony and a half-day workshop hosted by UBS in September 2018. Two guest speakers, Jeff Rotmeyer, Founder of ImpactHK and Love 21 Foundation and Chong Chan Yau, CEO of Dialogue in the Dark were both invited to give all the finalists a talk. The workshop ended with a mentoring session, teaching students Time Management, Communication, Confidence & Leadership. The Tack Ching girls are sharing with us what they have learnt.



What have we learnt from the guest speakers?

Two honorable speakers shared with us their unique and extraordinary life experiences at the workshop. One of the speakers, Mr. Chong Chan Yau lost his vision when he was around 6 years old. However, he believed that being blind was not the end of the world. He could be like normal people. Since he became blind, he overcame different kinds of difficulties and treasured the opportunity of studying. He expressed that there was nothing to celebrate about being blind, but he had learned many things and found his life goal. He also encouraged us to work hard on studies, especially English, as he said that "We shouldn't limit ourselves because of our disability or weaknesses. The more communication you have with other people, the more opportunities you can get."

6A Chan Ching Yan

What did we do in the mentoring session?

I learnt about communication and leadership skills. We were put in groups with students from different schools and a mentor. In our group discussion, the mentor told us that leadership is not about communicating what we need; leadership is about communicating what we can contribute. Communication and leadership go hand in hand, we should always listen to others' opinions. Before we become a leader, success is all about growing up by ourselves. When we become a leader, success is all about helping others grow up. It is by no means easy. People refuse to be a leader and most of us are afraid to stand out to be the first one, to be the one who voices out to make things better. Come to think of it, trying to fail is better than failing to try. Have you ever heard of failure building character? We learn from our failures and become a better person.

6A Cheung Elaine



CEO of Dialogue in the Dark, Chong Chan Yau, gives a talk and presents the certificates to the finalists.



Award winners (from left) Amanda Chan and Cheung Elaine.

7th Plain English Speaking Contest 2018

Our students participated in the Grand Final of 7th Plain English Speaking Contest, organised by Chiu Lut Sau Memorial Secondary School, in July 2018. 'Plain English' refers to 'the use of right words, in the right way, to convey meaning in the clearest, simplest, shortest and most courteous way possible'.

Ng Pui Yu Emily from 1E, being the youngest contestant among all, got 3rd Runner-up in the Junior Category (Prepared Speech) and 5A Khan Ruqiyah Manahil was the Champion in Senior Category (Impromptu Speech). They have enjoyed themselves and learnt from the experience.



Award winners (from left) Emily Ng, Khan Manahil and Khan Khadijah.



It is definitely not an easy job to speak at ease in front of such a big crowd.

Script for the Prepared Speech Category

Junior Category – Prepared Speech by Ng Pui Yu Emily

Why do good people get the short end of the stick?

Good morning, everyone. Why do good people get the short end of the stick? I don't have a clue, and I want to know it too.

This is ME! This creepy crawly on my face is clearly visible to all of you. I was born with a dark-coloured birthmark. I grew and it grew too. Doctor decided to take it away from me. Again and again, he failed to remove it completely. Instead of a birthmark, I got a four-inch scar.

Schoolmates bullied me, friends left me because of my freaky face. Begging for friendships, I was forced to apologise even for nothing wrong I'd done. I worked hard to excel in school. I obeyed rules and shared household chores to steal parents' love from my little sister. I've been a good person from day one, but I haven't been treated fairly ever since! Why do I always get the short end of the stick?

I know the only thing on my way is me, and I shouldn't blame anyone. The only difference between

stumbling blocks and stepping stones is how you use them. I'm born this way and the scar is a part of me. Maya Angelou once said, "If you don't like something, change it. If you can't change it, change your attitude, and don't complain."

Negative thoughts bring us the short end of the stick. Look at the bright side and stay positive. My dear audience, perhaps when you're scratching your head and thinking about who should win today's contest, the scar on my face will remind you that I deserve to be treated fairly. Thank you.



STEP 2018: Canada Culture and English Summer Camp

Our school believes that by giving students more opportunities to take part in study tours, their horizons can be expanded for sure. This year, 8 Form 3 students were selected to participate in STEP 2018: Canada Culture and English Summer Camp organized by Canada Culture and English Culture and Education Association Ltd. from 28th July to 11th August 2018. It's a great pleasure to witness the students' intellectual and personal growth during the trip. It's also great fun to read what they have discovered.



▲ Students looking forward to the adventurous days!



▲ Students hoping not to be homesick.



▲ Parents seeing us off at the airport.



▲ Students from different schools setting off together.

3D Lee Ka Hei Gaile

Last summer was the most exciting experience for me in these years. I was lucky to be chosen to join an English Summer Camp. I went to Canada with 7 of my schoolmates. We all enjoyed this summer camp.

The weather was really good in Kamloops and Vancouver. It was sunny with breeze. It was so comfortable. The university we attended was a very scenic place. Trees and grassland were all over the campus. Moreover, the pace of life in Canada is not as hectic as in HK, where people are always in a hurry. I felt really relaxed there.

During the trip, I learnt a lot of new things. I learnt to be independent. Without my parents' company, I had to take care of myself and tackle difficulties by myself. On the very first day in the host family, I broke a full-length mirror by accident. I was so embarrassed. I immediately apologized to my host family and then swept the floor. Also, I learnt the importance of environmental protection. I was amazed by the fresh air and wonderful scenery in Canada. If we do not protect the earth, we cannot enjoy the wonderful nature anymore.

The trip was really a rewarding experience. I can't stop longing for my next tour!



3D Chan Sum Yu Chloe

I joined the Canada Culture and English Summer Camp last summer with my classmates. I gained far more than I had expected.

The camp schedule included both classes and outdoor activities. In the morning, we attended English lessons at Thompson University. Our teachers, Jaily and Jacob were fun. They introduced Canadian history and festivals to us. They also taught us many useful English words. We had group discussions and I enjoyed the interesting lessons very much. But of course, everyone liked outdoor activities the most. We took part in different activities, such as horseback riding, kayaking and making dreamcatchers, etc. Among all the activities, I liked horse riding most because it was so exciting.

I do think that I have learnt many things from the camp. It has definitely broadened my horizons. I know more about Canada: its history, its culture and its people. I strongly recommend this camp to all of you because it is worth exploring the other half of the globe. If you join this camp, you will surely have a truly enriching summer holiday.



3E Chung Yan Ching Ranae

Time flies! I can't believe that my English tour in Canada has come to an end. I enjoyed every minute that I spent in Kamloops and Vancouver. It was really a memorable experience for me.

Apart from the English lessons, we had a chance to take part in various outdoor activities, such as bowling and horseback riding. I particularly liked challenging indoor rock climbing. When I could climb up a step on the climbing wall, I felt very satisfied. We also went to downtown. I tried ice-cream and I bought so many souvenirs that I almost spent all of my pocket money.

I really learned a lot during the tour. As the Chinese saying goes, "Walking a million miles is worth much more than reading a million books." I met a lot of new friends. We all soon got on well. We always played "Party Guess" and interesting games while we were having a recess.

The summer camp was amazing. I wish I could participate in it once again. Thanks to the teachers and the school for giving us an eye-opening learning experience.





3E Cheung Lok Yiu Dorothy

I joined the Canada English Summer Camp last year. It was an unforgettable experience. As it was my first time to go abroad with my classmates, I was very excited.

I attended the English lessons at Thompson Rivers University located in Kamloops. It is the most beautiful university I have ever seen. The classrooms were huge. The safe and friendly community made it a perfect place to study. The lessons were not boring at all. I enjoyed the interesting lessons very much.

I was so grateful that I received warm hospitality from a friendly host family. My host parents were Ms. Bennet Pritchard and her father. They prepared three meals for us every day. As they were worried that we did not get used to western food, they sometimes cooked fried rice, which was tasty too. After dinner, they usually took us for a walk in a nearby park or we watched movies at home with home-made popcorns. During the weekend, they took us to Riverside Park, which was spacious and beautiful. After strolling in the park and attending music concerts, we usually went to the beach next to the park, watching the enchanting sunset. I really enjoyed their company and chatting with them. I still keep in touch with them via IG and Facebook.

As I had to communicate with my host family in English, my listening and speaking skills have improved a lot. In the future, I would like to go to Canada again and visit my caring and nice homestay family as I really miss them.



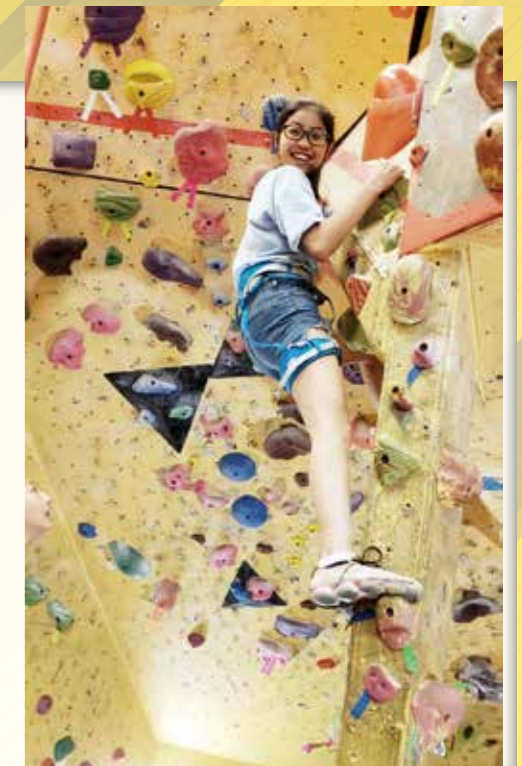
▲ Students' handmade dreamcatchers. Aren't they beautiful?



▲ Students showing their confidence while giving presentations in front of the class.



▲ "Nice to meet you. You are such a beauty!"



▲ "Let's take the leap!"



▲ "It's not easy to learn about kayaking. But it's great fun!"



▲ "Can I hit all the pins?"



▲ "We've arrived!! What a beautiful campus!!"



▲ "Our teachers are so helpful!"



▲ Students enjoying staying with their host family.



▲ "The fruit is so fresh and juicy."

Teach Unlimited Foundation (TUF): We mentor students

Tack Ching has been working in partnership with TUF over 2 years. The support they have provided to mentor our students and increase their exposure to external programmes have wielded very positive influence on the Tack Ching girls. Let us take you on tour to discover the colourful and eventful campus life in Tack Ching with TUF's support.

About Teach Unlimited Foundation



Teach Unlimited Foundation provides creative and effective mentorship and education support to instill changes into students, developing their confidence and motivating them to own a better future.



Scan this to learn more about TUF:

(a) Dream Pursuing Day (DPD)

DPD is a highlight of TUF's programme. The flagship event was held in our school this year. It consists of two parts: "Life Simulation" and "Human Library". In "Life Simulation", students had the chance to experience life, study and work through playing at different game booths; in "Human Library", a number of guests were invited to share their life stories with our students. In a joint-school event setting, students also had the opportunity to communicate with their peers and make new friends from other schools.



▲ TUF tutors (from left) Yoanna and Hayley

My First Emcee Experience on DPD

'Being an emcee was not an easy task. Luckily, I was mentored by Mr. Marshall. He patiently explained to me the rundown on that day and practised the script with me at school. It calmed my nerve a bit. The major challenge on that day was that I had to be flexible and adaptive since there were a lot of last-minute changes on the script, such as adding guest names. I was worried that I might read the script wrongly and create troubles, but the closing ceremony actually went really well. I felt relaxed after this event and I am glad that my friends were supportive during the closing ceremony and they all cheered for me.'

5D Chow Lam Lam

Student Helper: His story inspires me to plan for my future

'In the afternoon session "Human Library", I stayed with a guest and tried to assist him. He is a wedding planner. He told us a lot about his work. Being a wedding planner can be full of challenges since it may take almost one year to plan a wedding. However, he enjoys the whole process as he loves his job. His story inspires me to plan for my future. I hope I can find a job I love when I grow up.'

3C Chan On Sang

Student participant: We need to plan our time wisely

'The "Life Simulation" game lasted for 2 hours. I played the role as an insurance manager. It was not easy to persuade other students to buy insurance packages so I was worried about not meeting the sales target at the beginning. Luckily, most of the students were very friendly and they were willing to offer help. It made me feel more confident when communicating with people I was not familiar with. I was glad that I reached my goal within the 2-hour limit. I think it is important to manage our time well. It is also the same in real life. We need to plan our time wisely.'

3C Tang Shun Man



▲ Practising emcee script with Mr. Marshall at school



▲ Human Library: Guest sharing their personal stories with students



▲ Life Simulation: Students experiencing life through playing different simulation games

(b) Board Gamer

Do you like playing board games? Board Gamer consists of a group of students who share the same interest in playing board games. We meet regularly every Day 4 during lunchtime in the English Room. The highlight of activities this year includes Board Game Café and Board Game Festival at school.



▲ Training Session: Students learning to play and lead board game "The Straw".

Visiting Board Game Café improves Communication Skills

'On 18th January, I spent a lovely afternoon in a Board Game Café, playing various kinds of board games with the fellow Board Gamers. "The Mind" is my favourite. It required 20 of us to place the card in ascending order, during which we cannot verbally communicate with one another. For each failed attempt, we brainstormed together how we may use different tactics to complete the challenge. As we discussed, debated and argued, I found that it was a game about communication without speaking: there may be different ways to communicate but it will only work if we are truly committed in the conversations, to work things out together. Visiting Board Game Café was a joyous team experience that I learnt to communicate effectively with my fellow teammates and this proved to be so valuable as we worked together during Board Game Festival.'



▲ Board Game Festival: Students playing "Pick A Pig".



▲ Board Game Café: Group photos



5F Chau Wing Lam



▲ Board Game Festival: Thank you all student helpers for leading board games!

(c) Girls Go Tech Project 2.0

Throughout this school year, more than 30 Tack Ching girls joined "Girls Go Tech Project" in collaboration with Credit Suisse. Introductory coding and advanced coding workshops were held this year. They aimed to cater for students with different levels of knowledge on coding. Let's hear what our students said about the workshop.

STEM for girls: Daring to try something new

'I joined a 2-day introductory coding workshop. We worked on exciting projects using micro:bit (a pocket-sized computer) with volunteers who are computer programmers working for Credit Suisse. My favourite task in the workshop was to create a milk monster, which would move once it received commands from micro:bit. Through this project, I understand STEM is more than Maths and calculation. It can be something fun and I love the process of coding with friends very much! I am glad that I had joined this programme and I encourage you to try something new in your next school year!'

5E Hui Wing Ki



▲ Students learning coding with volunteers using micro:bit



▲ Advanced Coding Workshop



▲ Group project: creating a robot with micro:bit



▲ Group photo in Introductory Coding Workshop

2018 S.3 Upcycling Fashion Design Competition (English & Home Economics)

The English Department has worked in collaboration with Home Economics Department to provide Form 3 students with opportunities to upcycle their old outfits into gorgeous ones. As one of the post-exam activities in July 2018, a stage was set up for our girls to showcase their unique designs, with students modelling on the runway and introducing their design in English. The fashion design was divided into six themes, namely 'denim', 'glitter rock', 'vintage', 'simplicity', 'romance' and 'oriental glamour'. Let's see some of their fabulous apparel.



▲ A unique design of catwalk stage is set up by the Home Economics teachers, Ms. Hung and Ms. Chan. Students showcase their fabulous design and introduce the details in English.

Each group of students designed the best clothes restricted by the 6 themes.



▲ Oriental Glamour



▲ Romance



▲ Simplicity



▲ Vintage



▲ Denim



▲ Glitter Rock

The Most Creative Alteration Award 4A Lai Ka Ying, 4C Au Man Yee, 4A Hui Shong Ki



Winners of 'The Most Creative Alteration Award' and their design

The Most Fashionable Design Award 4A Chu Kin Yung, 4A Chea Yan Yu, 4B Ching Chui Hing, 4A Kuang Shu Yu



The Best Model Award

4B Yu Wing Sze, 4A Yeung Tsoi Yi, 4C Zhu Ching Tung



The Best Model Award goes to Yu Wing Sze (4B).

The Audience's Choice Award

4B Li Shuk Yan, 4A Ng Hoi Sze,
4A Yeung Ka Ki, 4A Yeung Wai Lam



The Audience's Choice Award goes to Group I under the theme of Romance.



Yuen Sze Yi is awarded Best Model Award and the first runner-up in Secondary Section in a fashion design competition organized by TWGHs Kwan Fong Kai Chi School.



▲ Winning the awards is not easy at all – both students and teachers vote for their favourite design!



Another model, Fong Chung Yan showing her glamour on the runway.



▲ Thank you all your hard work, teachers and students. We look forward to more surprises on the runway show next year!



English Language Environment Enrichment

(a) English Weekly Assembly

English Morning Assemblies are scheduled for both junior and senior form students every week. It creates an active platform for students to practise using English on different purposes: to worship, to conduct sharing, to present prizes, to promote activities, etc. English ambassadors take turns to host the assemblies, lead prayers and make announcements. Their leadership has been gradually developed.



(c) Chatteris Hike

On a cool Saturday morning in March, 9 Tack Ching girls joined Ms. Angelina and Chatteris for a morning hike to Smuggler's Ridge at Kam Shan Country Park. Despite it being a very cloudy morning, everyone made it and we hopped on a bus to the beginning of the hike. Once off the bus we were greeted by several monkeys which entertained us all. On our way to the top of the hill, students had many opportunities to chat with their teachers and each other in English. The hike was not easy because of the steps, but it was made better by some snacks and lots of motivational encouragement. The hike took us past some beautiful scenery but unfortunately once we got to the top of the hill we could not appreciate the views as we literally had our heads in the clouds. At the top of the hill, all the students were proud of their achievements and headed down looking forward to a delicious sit down meal before we all said our goodbyes.

'The hike was a really different experience for me, since it was the first time I went on a hike. Sometimes I felt that I would trip, and everyone thought I'd be tripping and screaming the whole time but that didn't happen and I was really determined to finish the whole thing and had really good stamina. I even surprised myself! It was a good way to get my mind off stressful things and focus on something entirely different.'

5C Ashraf Iqra

(b) Global Cafe

Students this year got to experience a literal taste of different cultures at the second series of Global Cafe's hosted in December and May. The Global Cafes were a joint collaboration between Tack Ching's teachers and CNET, Miss Angelina and staff of Chatteris Educational Foundation. The featured countries this year were Sweden, France, Germany and Japan. Each country had its own little booth with a game hosted by a native English speaker. The games included matching English words to German words, looking for facts about Sweden and shooting arrows of places in France students would like to visit. For each booth students visited they received a stamp in their English passport. Once they had collected all the stamps, they could head to the food stall and in English order a plate of snacks to try such as Swedish cookies and Japanese crisps.



'My favourite part of the Café was getting to try the snacks, some of them I had never tried before. We got to practise our English and learn some new words.'

5C Leung Suet Ying



(d) English Society Activities

The English Society has been busy this year with lots of different activities. The year started with getting to know everyone with ice-breaking and drama activities. We were also fortunate to host Antarctic and Arctic explorer Wilson Cheung for a second time and he shared lots of pictures with us of his most recent trips. Students also wrote him thank you cards and got to ask him questions about life so far away from Hong Kong.

This was followed by a treasure hunt which saw students searching all over the school to find clues and going up and down a lot of stairs. During one session, English Society members got to practise their acting skills by reenacting a scene from Disney's Aladdin and getting into character. English Society members were a great help on the Information Day where they helped take charge and run games for all the prospective students. Other activities have included doing valentine's mad libs and reading, movie and snack afternoon and learning to play board games. The English Society's Chairperson shares her feelings with us:

'The activities did not only help us brush up on our English, but reminded us to take some free time out for ourselves and relax a bit and that practising English doesn't have to be boring. One of my favourite activities was when the school invited Wilson Cheung, an antarctic explorer. He had visited the South Pole and interacted with penguins which was really interesting. He also shared with us that the habitats of these animals are being destroyed, due to global warming. This made us reflect on our daily energy consumption and reminded us to be as environmentally friendly as we can. In a nutshell, English Society helps improve members' English outside of the classroom and increases their confidence when communicating in English.'

5A Sandhu Harshpreet



(e) Pantomime: 'Peter Pan'

Around Christmas time in the UK, it is quite traditional to go and see a pantomime with your friends and family and some Tack Ching students got to take part in this tradition. This year's Chatteris pantomime was the story of Peter Pan told from Wendy's perspective of her younger brother's trip to Neverland. On an evening in December, 9 students accompanied Ms. Angelina to see the performance at Cotton Spinners Association Secondary School organised by Chatteris Educational Foundation. Students got to experience and enjoy an interactive show in English and practise saying various phrases throughout the show. For example, every time Tinkerbell appeared on stage, we all had to shout 'I believe in Fairies'. There were many laughs during the evening with students especially enjoying watching the characters of Peter Pan and Tinkerbell, who turned out to be very grumpy. It was an excellent opportunity for students interested in drama to see what pantomime acting is all about.



'I decided to partake in the viewing of the Chatteris pantomime drama with high hopes and I wasn't disappointed. The show was delightful, the atmosphere was pleasant and the audience all left in high spirits. The show was really memorable and it was great entertainment. I really hope to get another chance for the show next year.'

5A So Tsz Yau

'Before the field trip, film editing was something difficult and boring for me. I took selfies, recorded interesting videos and made silly recordings, but I had never edited videos before! The field trip allowed me to get the basic ideas of film making, and I could create a short film with my friends at the workshop. Thanks to the coaches and teachers for their guidance and help! Also, thanks to Apple for the flashdisks. They are the most useful souvenirs ever!'

2D Lee Cheuk Lam Cherry

(f) Life-wide Learning Day

A group of Form 1-3 Tack Ching Girls had a taste of film-making experience by going on a field trip at IFC Apple Store. They took part in the iMovie film-making and editing sessions provided by the Apple Education Department. Both the morning and the afternoon sessions were conducted in English and run by native English speakers. They had a great time collaborating and exploring ways to use tablets and apps for learning. Let's dream big! One day, our girls may build their own film kingdom like what Walt Disney did!

The coaches were friendly and helpful. They came from Australia and the United States. They told our girls some interesting things about their hometown and family. The cultural exchange experience was as rewarding as the workshop. We are all looking forward to the next Life-wide Learning Day!



'I like film making. I sometimes created short videos at home but I didn't know how to enhance my skills. The workshop gave me a chance to ask the computer experts about film making and led me to think out of the box. The coaches were helpful and my classmates were creative. It was really an inspiring and rewarding trip!'

2B Yao Man Yan Yanny

'I use Apple's products, but I never thought of having a lesson at Apple! The IFC mall was enormous and the Apple store was well-designed and comfortable.'

2A Wong Ka Yee Jamie

How Smart Are You?

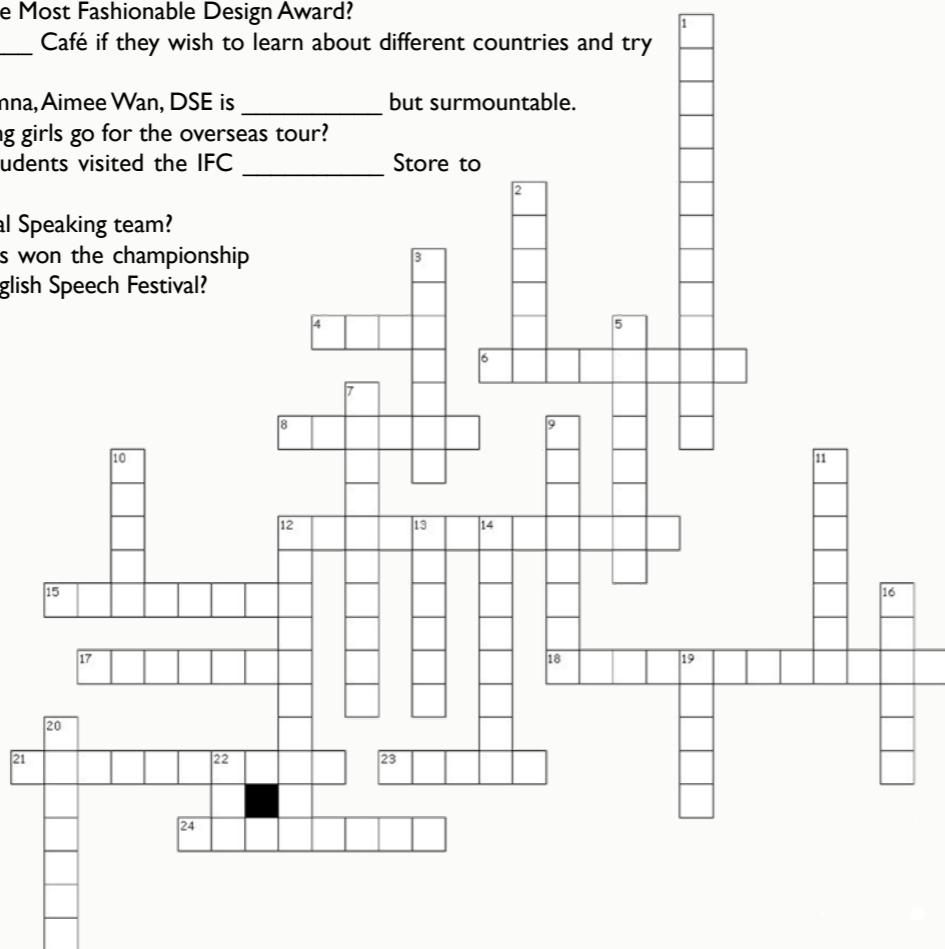
(a) Are you ready to challenge yourself for the crossword puzzle below? Have fun!!!

Across

- How many matches did the English Debate Team win in 2017-2018?
- Who decided the winners of the S.3 Upcycling Fashion Design Competition? Teachers and _____
- Miss Hayley and Miss _____ are the TUF mentors.
- In the prize presentation ceremony of 'I'm Unique, I'm Extraordinary' Essay Writing Competition, who presented the certificates to the 2 S.6 Tack Ching girls?
- Who is the captain of the English Debate Team in 2018-2019?
- Which new English teacher likes eating healthy food, especially fruit?
- Who is our Chatteris NET this year?
- What was the prize of the Good People Good Deed Writing Competition?
- How many S.6 students won the Harvard Book Prize 2018?
- Dr. Yeung Sum reminded the young people not to forget about _____

Down

- Which improvised drama competition did our students join and win the 1st place?
- Aimee Wan believes that DSE is not the only _____ to universities.
- Which board game did Chau Wing Lam (5F) like most?
- What was the name of the pantomime that Tack Ching girls watched?
- Which competition requires students to act with their voice only?
- In the feature article, who was interviewed by the Tack Ching girls?
- What is the title of this page? 'How _____ Are You?'
- According to Dr. Yeung Sum, learning English is very _____.
- Who was the model receiving the Most Fashionable Design Award?
- Students can visit the _____ Café if they wish to learn about different countries and try some special snacks.
- According to the Tack Ching alumna, Aimee Wan, DSE is _____ but surmountable.
- Which country did the Tack Ching girls go for the overseas tour?
- On the life-wide learning day, students visited the IFC _____ Store to learn about film making.
- Who was the coach of S.3 Choral Speaking team?
- How many choral speaking teams won the championship in the 70th Hong Kong Schools English Speech Festival?



ANSWER KEY:

Across

4. five / 6. Students / 8. Yoanna / 12. ChongChanYau / 15. SoTszYau / 17. Miss Lui / 18. MissAngelina / 21. CinemaTour / 23. Three / 24. HongKong

Down

1. SpeakOutActUp / 2. Ticket / 3. TheMind / 5. PeterPan / 7. RadioDrama / 9. YeungSum / 10. Smart / 11. Crucial / 12. ChuKinYung / 13. Globa / 14. Horrible / 16. Canada / 19. Apple / 20. MissTai / 22. two

How much do you know about our new English teachers?

5A Sandhu Harshpreet, 5A Chu MingWa, 5B Tse Kam Ling

This year, we are sure that you have seen some new faces on campus. We had a great chance to interview 4 new English teachers. You may know some of them when they teach in your class. But how much do you know about their hobbies, their favourite colours and their favourite festival? Let's find out some clues below.

Childhood photos of our new English teachers – Can you tell who they are?

(You may find the answers at the bottom of this page!)

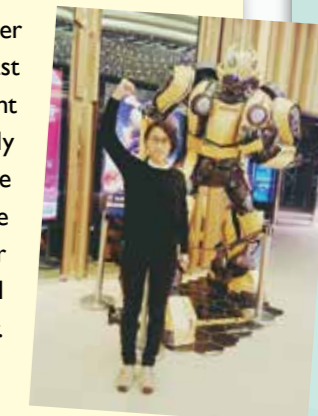


Miss Angelina is our Chatteris NET this year. She is from England, a country with a long history. You can usually find her playing netball whenever she has spare time. If you ever want to have lunch with her, you should take her to a Japanese restaurant as she is a huge fan of sushi. She loves Christmas because it is about family time. She adores green as it is a colour of Christmas.



Though she likes the Christmas atmosphere, you'll be surprised to find out that summer is her favourite season instead. Miss Angelina loves outdoor activities and travelling. If you are ever going on a ride with Miss Angelina, she will be jamming out to pop and rock music all the way. It is great to have Miss Angelina here.

Miss Lui is another new teacher here. Although she likes eating fast food, she also enjoys eating different kinds of healthy food, especially fruit. Her favourite colours are black and white. No wonder she always wears black in school. Her favourite festival is Christmas and her favourite season is summer. Her hobbies are running and listening to music, especially pop music. If you also like pop music, you can chat with her. Last but not least, her bucket list is being a teacher. Now, she is so happy to have her dream come true.



One of our new English teachers is Miss Tai. She likes running during her leisure time as it is a way to stay healthy. Because of her youthful appearance, she looks like a student more than a teacher in our eyes. She is very kind-hearted and friendly. Her favourite colour is pink. She likes Korean culture such as K-pop music and Korean food. Her favourite group is BTS. She is a stylish teacher as she goes to Korea and shops for the latest fashion trend. Many people like to travel to Japan and she loves it as well. She loves almost everything in Japan, especially Japanese sakura. We are very happy to have her as our English teacher at Tack Ching.



Miss Yohanna is a new teacher from TUF. She is very sporty. She goes swimming and scuba-diving whenever she is free. Running is also her favorite hobby as it can help relieve her stress. She likes blue, which is why I often see her wearing blue from head to toe. Her favorite food is quite special - eggs. She loves the season of Christmas and exchanging presents with her friends is her favorite part of it. She likes to jam out to pop music, especially to Troye Sivan's songs. She hopes to realize her dreams of skydiving and visiting Egypt one day. Lastly, she loves watching an American TV show named "Friends".



(Answers: 1. Miss Angelina; 2. Miss Anna Tai; 3. Miss Edna Lui; 4. Miss Yoanna)



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